



50% of local children aren't ready for kindergarten on day one.

FAMILIES THAT LOG-OFF TOGETHER... talk, laugh & learn together!

let's LOG-OFF together

let's LOG-OFF together try this

- LIMIT USE OF... TV, video games, cell phones, computers, tablets
- talk to each other, ask questions
- start with "I think..." or "I wonder..."
- read a book, tell a story
- draw, color, paint
- dance to music, sing a song
- play outdoors
- NO SCREEN TIME AT MEAL TIME!

IS YOUR CHILD READY?
Find out at: MyChildIsReady.com

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FAMILIES THAT **PLAY TOGETHER...** talk, laugh & learn together!

let's PLAY together

let's
PLAY together
try this

- jump rope, hopscotch
- bikes, catch
- sing, dance
- trucks, cars, trains
- playdough
- peek-a-boo, i spy
- simon says
- board games
- blocks, paint, color

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FAMILIES THAT COUNT TOGETHER... talk, laugh & learn together!

let's COUNT together

let's COUNT together
try this

- count cars, trucks, trees
- find patterns of signs or colors
- add one more, remove one less
- count the seconds at stoplight
- match two of the same object
- trace numbers
- read counting books
- count objects of same shape
- count objects of same color

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